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(54) Title: **AYURVEDIC HERBAL SOFT DRINK**

(57) Abstract: The invention provides a novel herbal soft drink comprising decoction of plants selected from *Sida* sps., *Vitis vinifera*, *Withania somnifera*, *Boerhaavia diffusa* and *Tinospora cordifolia* for the protection and prevention of health and in particular, but not exclusively with antioxidant, immunoenhancing, hepatoprotective, cardioprotective, diuretic, digestive, choloretic, nervine relaxant properties.

WO 2004/056382 A1